

# Run 40 in February



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total miles in a week
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13
	Day 14	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20
Day 21	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	
Day 28	<p>Well done! You've completed Run 40 in February</p>						



£ ..... to go until I reach my target!



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£185.60 could fund a nurse for a day on our Support Line

